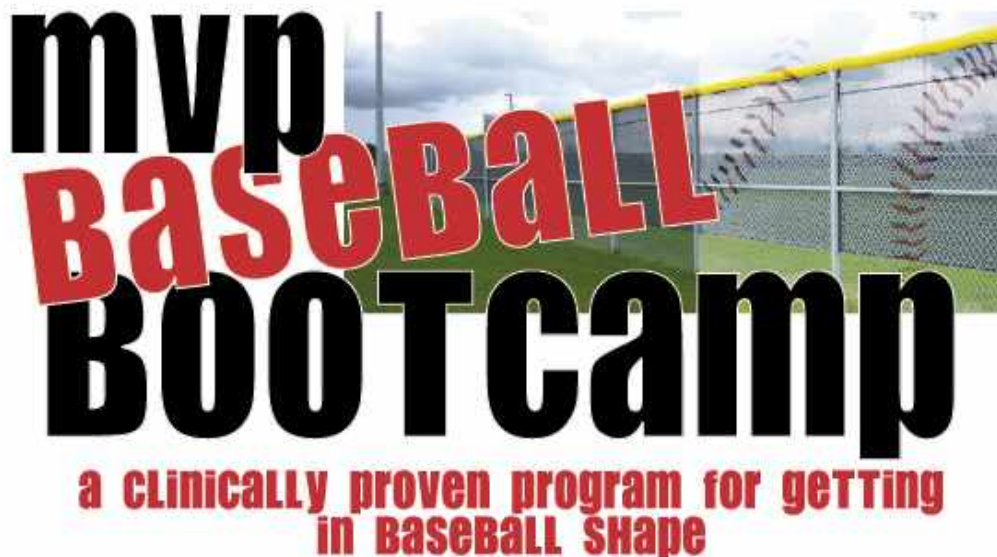


Dear player,

I hope everyone is doing well and you are getting excited about the upcoming 2009 Spring Baseball season. You are receiving this information based on your past involvement in either the Davis Youth Baseball Camp or having been selected as part of the 2008 MVP Band Clinical Study (formerly called the ACE Power Band). Space is limited to the first 20 registrants so I wanted to give you the first opportunity to register before we make our MVP program available to the general public (including all area Little League players).

Regards,

Dave Miramontes



mvp Baseball BOOTcamp

a clinically proven program for getting
in Baseball shape

featuring THE mvp program



Proper Mechanics and Strength are keys to a successful, injury-free season.

Our MVP Baseball Bootcamps offer a great enhancement to your pre-season preparation. This program will not only improve your performance, build arm strength and distance, but teaches you to be more efficient, more effective through proper mechanics.

What is it:

The MVP program is an arm conditioning program designed to improve your arm strength and mechanics: All areas necessary in baseball. Our bootcamp drills compliment this program through core body strength and cardio exercises.

Does it work?

Clinical tests by the American Sports Medicine Institute (ASMI), leaders in arm injury & prevention, demonstrated that the MVP Program successfully improves strength, range of motion & velocity. Our staff has worked with over 3,000 kids and the MVP Program was recently implemented in Little League's summer baseball camps at Williamsport, Pennsylvania -- the home of the Little League World Series.

Classes begin: February 9

Monday/Wednesday/Friday: 4:00-5:30 pm

Costs:

\$200 - 6-Week Clinic (18 sessions)

\$140 - Drop-in Option (10 sessions)

For more information or how to register, contact

Dave Miramontes
(530) 757-2012 ext. 13
dave@mvpband.com
or visit

www.mvpband.com

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(530) 757-2012 x 13

For More Information, visit:

www.mvpband.com

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